

# Inner Vision Yoga Teacher Training Application

Directions: Please fill out and return to our studio or e-mail your answers to [tt@innervisionyoga.com](mailto:tt@innervisionyoga.com)

Name of Applicant (please print) \_\_\_\_\_.

Address: Street \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_.

Zip \_\_\_\_\_ e-mail address: \_\_\_\_\_ Phone: \_\_\_\_\_.  
(your information will not be shared with others outside of our school)

## Please briefly answer the following questions.

1) How did you hear about this program? \_\_\_\_\_

:

2) Please check which option relates for you: I am applying to:  
200 hr program ( ) 300 hr program ( ) 500 hr (200+300) program ( )  
Specialty Certificate/CEUs in the area of: \_\_\_\_\_

**(For the Healing Emphasis Yoga Therapy Master Teacher Training, please visit our website for an application or call 480.632.7899)**

Start date for the program you wish to enter: \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
mm dd yyyy

3) Describe your Hatha Yoga experience answering each of the following:

a) What drew you to a Yoga Practice?

b) What types/"schools" of Hatha Yoga have you been practicing? **How long?**

c) What do you feel is the most rewarding aspect of your yoga practice?

d) What is the most challenging aspect of your practice for you?

4) Would you like to take at least 2-3 formal yoga classes per week in addition to your Teacher Training classes? Y or N

5) Please let us know why you want to become a Yoga teacher or why you want to take the Inner Vision Yoga teacher Training?

6) Please describe any preferences you may have for this teacher training program. Include areas of interest in which you would like to become more proficient.

7) If there is anything you think we should know about your mental/physical health, please let us know with this application.

8) If you are applying for the 300/500 hour program for Yoga Teacher Certification and Registration, please let us know where you received your 200 hour training?

*Thank you for considering Inner Vision Yoga. It is an honor to teach and we look forward to sharing that honor with you. Expect a response within 5 days of receipt.*

